Three factors which most affect work efficiency:

- 1. informed that they have rewarding
- 2. quite guiet environment
- 3. something that interests you and you will not get bored

Which one is the most important factor to help you work productively?

It is obvious that work is one of the strikingly inseparable parts of people's life and these three points are adequate per se, so for having efficient work they must be combined. If I where to choose between these, I would go for the third factor and some reasons persuade me to put forward this view which I will explain with a couple of examples.

At the outset, when I am interested in some fields, I would work by mywith pleasure and spend more time on a particular worktask. For instance, when you work for your interests, you will not notice the passage of time owning to the fact that you enjoy what you perform and you will not think about its upshot-it.

Another remarkable point is that if someone is interested in some spheres, it would be more probable for him to overcome the problems which derives during his work. Therefore, the work efficiency will be increased because of reducing failure and issues. For example, it is a given fact when you do your favorite

aspects obligations/tasks/duties/assignments, your concentration rises subconsciously whereby the probability of errors and failures will be declined.

Last but not least, according to science when people do/<u>pursue</u> their interests, some happy hormones <u>are secretion secreted inon</u> their brain which is conducive to diminishing exhaust and stress which are <del>most</del> <u>major</u> factors for working.

To recap, for efficiency in your job, it will be ben<u>eficial if you look for</u> your interests because you will work by pleasuringwillingly/with <u>passion/enthusiasm</u> and spend more time and also you can cope better with your <del>encounter</del>-problems. Besides, happiness hormones <u>are</u> <u>produced</u>secretion in your brain which will be practical for get<u>t</u>ing pleasant results.